

Feel the Pulse of Cuba!

Celebrate the Return of Travel to the Pearl of the Caribbean



Led by Mind/Body Fitness Professional James ("Sutat") Waddington* and our expert Cuban staff

DECEMBER 4-11, 2021

-Daily Sessions (All Levels)

-Pristine Beaches and Villa Accommodations

-Rich Cultural Heritage



Home Base: A **Private Villa** over the Caribbean near **Havana**

- Music Dance & Percussion Countryside Trips World Class Nightlife
- Sparkling Accommodations Daily Maid Service Ocean sunrises Villa pool
- Sumptuous Cuisine Beautiful beaches Rhythm Workshops Optional workshops
- Havana Day Trips Viñales Valley & Tobacco Country All-Inclusive

See all our trips at

https://www.cubatraveladventuresgroup.com/yoga-movement-retreats by calling us at (415) 789-9398 or by email <u>cubatravelgroup@gmail.com</u>

*Sutat- Mind/Body & Fitness Instructor at Mexico's Rancho La Puerta Resort & Spa for 5 Years

Connect with us





